



TOASTMASTERS INTERNATIONAL

Club 9327 District 31 Area A-3 Haverhill, MA

OUR NEXT MEETING:
March 27, 2006

Join us at 7pm at:
Haverhill
Public Library
99 Main Street

FRIENDLY PERSUASION



Perhaps it *is* luck o' the Irish because we are fortunate indeed. We are **Friendly Persuasion**, a Presidential Distinguished club of Toastmasters International. From our newest members to our most seasoned veterans...we are all interested in improving our communication and leadership skills. The meeting environment is always supportive, educational and fun. We guarantee you will enjoy yourself from the first time you attend as a guest. We think you'll be persuaded to do something for yourself—give yourself the lucky break your professional or personal life needs. Become a better communicator through Toastmasters. We hope you will plan to visit us at our next meeting on Monday night March 27th at the Haverhill Library. .

Welcome to our newest members.....**Carole Holcroft** and **Anna Omalay**. They visited in late February and joined as members that same night! Now, along with another recent new member **Joan O'Leary**, they will prepare to offer their Icebreaker speech in an upcoming meeting. We look forward to getting to know them all. We welcomed Area Governor **Hazen Boyd** who paid us a visit this past week. He was kind enough to share many compliments about our club. (Thanks Hazen...and we agree!)

At our meeting this past Monday, we heard planned speeches from several members including **Julie Wisniewski** who offered an advanced speech, titled "Mastering the Media". As always Julie blends the use of humor with interesting and entertaining examples and she educates us in the process. She offered a perfect example of one of the projects in the advanced manual, *Speaking to Inform*.....We sure got to know member **Rich Morse** a lot better when we heard his Icebreaker speech. He faced many challenges as a young man and yet he recognizes some amazing triumphs, too. This was an Icebreaker that was well-constructed and nicely delivered. Rich shared his message with tremendous honesty and he added a nice touch of humor....two sure ways to win over the audience. Great Job!.....**Terrie Bulger** was our third speaker of the evening. Working from the advanced manual, *Specialty Speeches*, Terrie's assignment was to give a speech to recognize another

individual for an award. It was apparent she felt a sense of pride in bestowing the honor to the recipient. As an very experienced speaker, Terrie easily offered plenty of beautifully worded and wonderfully delivered compliments. We are looking forward to Terrie's next *specialty speech*.....Congratulations to the following members for being recognized as the best of the evening: Best Speaker was **Rich Morse**...Best Evaluator was **Jean Leider** and extra kudos to Jean for also being named Best Table Topics speaker.

ANNOUNCEMENTS: Our Friendly Persuasion speech contest will be held at 6:30p on March 27th. Members who have completed at least 6 speeches and have paid their dues are eligible to compete. The winner will compete next in the **Area A-3** speech contest...Dues for all members must be paid to Treasurer Jean Leider ASAP. Total due: \$39 (\$27 plus \$12 local dues). Send to Jean at 3 Wyncrest Circle Andover 01810 or bring to next meeting.

SPEAK-LIKE-A-PRO TIP OF THE DAY: Do you get nervous before a speaking opportunity? That's ok...being anxious or feeling a bit of stage fright is normal. The key is to turn the nerves into *energy* and *enthusiasm*. The easiest way to accomplish that is to think **Three R's**...first of all, you must REHEARSE...yes, practicing your speech from an outline and getting very comfortable with the material will truly help ease your fears. The second R stands for RELAX and that means figuring out what relaxation techniques work for you....perhaps deep breathing, maybe stretches, calming music....whatever it is. Use relaxation techniques to help you calm down. Finally the third "R" is to REMIND yourself to think positively...believe in yourself...to be confident you must act with confidence. Remember, you can neutralize those nerves by accomplishing the **Three R's!**

We normally meet at 7pm in the Haverhill Library on the second and fourth Monday nights of each month unless it is a Monday holiday. We invite you to visit us at any time. If you have questions, please feel free to contact: Shawn Mills VP of Education 978 475-1301 Check out our updated website at: www.friendlypersuasion.org

"PROCEED WITH PASSION---SPEAK WITH COURAGE"